



# Tools For Action

A sample of physical education initiatives in Wisconsin

## Recess Rally

### Contact Information

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### Program Information

<b>Program Name</b>
Recess Rally
<b>Program Category</b>
Recess ideas that complement PE class
<b>Grade Level</b>
K-2; 3-5
<b>Assessment Method</b>
Fitness indicator (test scores, miles walked)

### Program Information

#### Products Developed or Materials Used:

#### Program Description:

recess rally.....students check out a pedometer from noon aide...steps will be logged by the student and tokens will be given every 10,000 steps. The program hasn't started yet....but it will after spring break ;)

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at [jon.hisgen@dpi.state.wi.us](mailto:jon.hisgen@dpi.state.wi.us)

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at [brian.weaver@dpi.state.wi.us](mailto:brian.weaver@dpi.state.wi.us)

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

or contact staff at: [Meineam@dhfs.state.wi.us](mailto:Meineam@dhfs.state.wi.us) (Amy Meinen, Nutrition Coordinator)  
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